

HUMAN CAPACITY BUILDING
THROUGH TRAINING, FACILITATION
AND COMMUNITY EMPOWERMENT

ANNUAL REPORT, 2021



INSTITUTE OF CULTURAL AFFAIRS (ICA)
NEPAL

Institute of Cultural Affairs (ICA) Nepal

ICA Nepal is an autonomous, non-governmental organization dedicated to working in the field of human capacity building, and community development through advanced methods for the past 23 years in Nepal. It pursues to recognize people's initiation, creativity, and enthusiasm in bringing sustainable development by considering existing cultural dynamics and pluralities. It crosses sectors, cultures, and promotes learning beyond traditional format and structures. ICA Nepal is committed to creating an environment, in which the opportunity to participate and the construction of sustainable change and development is foremost. We heartily follow the ideology of lifelong learning.

We believe in developing creativity, initiative, and responsiveness in people thereby enabling them to adapt to uncertain changes, and sub-cultures, negotiate conflicts and pave the way towards individual and societal development.

Looking back to 2021, for many of us, it was a year of uncertainty, no mobility or less mobility, lockdown, stress, and anxiety. But ICA Nepal sees it as an opportunity, an opportunity of new paradigms, insights, perspectives, innovation, and creativity. In the first half of 2021, many patients in Nepal showed the symptoms of COVID-19. Many Nepalese families have experienced heartbreaking experiences losing their loved ones while on the other hand people were struggling for two square meals a day due to the seemingly never-ending pandemic. In 2021, we went through strict lockdowns and quarantine systems. We heartfully appreciate the Government's effort to combat the virus and provide health care support to the public. The discovery of vaccines from various international agencies was giving us a ray of hope. The third wave of the pandemic news was highly likely to engulf the country in between the time duration, and that time the unvaccinated population, and children were at high risk. A large number of people have already been vaccinated and are still adopting precautions against the virus. Vaccinations for citizens over the age of 18 have been successfully completed, and we are also receiving news of vaccines for the citizens below the age of 18 too.

During the upheavals of 2021, ICA Nepal continued to serve the community. We strictly adhered to WHO's and local Government's health and safety protocols, such as maintaining social distance, wearing masks, getting vaccinated, and doing PCR tests whenever needed. Unfortunately, our own founding Chairperson, many of our colleagues, and their family members were having a hard time recovering from the virus, many even sharing heart-breaking news of their close ties but slowly we still managed to overcome it and remain safe again. Towards the end of the year, we, the team of ICA Nepal, are honored for this opportunity to continue our community development activities, with the full support of local government bodies. We would like to appreciate the frontline doctors, healthcare professionals, and volunteers who are always ahead of serving the needed ones during this chaotic period. In 2022, We pray that this tragedy ends soon, and we get the strength to face the repercussions left by the current pandemic.

ICA Nepal team is looking forward to the year 2022 with creating impacts in hundreds of lives through its program, facilitation, and initiation.

COVID-19 RESPONSE: GENERATING SUPPORTS AND HELPING HANDS

Due to the COVID-19 pandemic, nearly 10,000 people have lost their lives in Nepal. Depending on the situation, our ICA Nepal team carried out awareness-raising activities and different humanitarian aid activities to ensure that the situation is brought under control through our small efforts. In addition to successfully raising different medical equipment such as cylinders, oxygen concentrators, PPE sets, and various financial relief to the different health personnel.

In early June, ICA Nepal donated two oxygen concentrators of 10-liters each to the HANDS Poly Clinic in Sindhuli. During the pandemic, they provided relief to all the patients, despite social status or income levels through its affordable medical services, outreach clinics, weekly specialist's camps, and charities helping patients of this region.

As a small effort to cope with the ongoing pandemic, in July, ICA Nepal along with the Rotary Club of Rudramati distributed five oxygen cylinders along with some monetary support to Manmohan Memorial Community Hospital. We were hopeful that our initiative would help better the health infrastructure of community-based medical institutions. We also engaged different other personalities for our initiation through various crowdfunding sites and raised funds to help Nepal overcome this crisis

During the pandemic, ICA Nepal has been facilitating different mask and sanitizer distribution programs along with awareness in the local community. ICA Nepal carried out Need Assessment meetings for different organizations as Manmohan Memorial Community Hospital (MMCH) and Nepal Community Development Center (NCDC). They are accessible to all patients, despite social status or income levels through their affordable medical services, outreach clinics, weekly specialists' camps, and charities helping patients. We also provided them some financial relief to cope with the situation better.

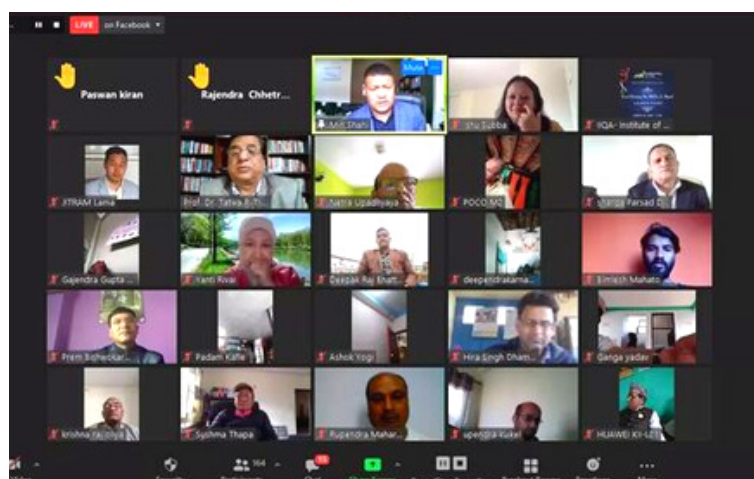


FUNDRAISING FOR NGOS- ENABLING FUNDRAISING CAPACITIES OF LOCAL NGOS IN NEPAL

In early March 2021, ICA Nepal launched Fundraising For NGOs in Nepal together with its sister organization, the Institute of Innovation and Quality Assurance. We are actively promoting our services with a total of 100 organizations and individuals embracing our membership. We aim to extend this service to South Asia Pacific Region. The launch event was formally started after the presence of the Honorable member of the Nepal Planning Commission officially launched the website. The President of the NGO Federation of Nepal and our ICA Colleagues from China, Indonesia, Australia, India, Taiwan, the US, and Canada were also present at the very moment.

Fundraising for NGOs in Nepal is a membership-based web portal designed exclusively for NGOs, not-for-profit, community service providers, social enterprises, volunteers, and fundraisers seeking funds, grants, skills in fundraising. Our members have access to the information on funding opportunities for the developing world over various thematic areas like Agriculture, Climate Change, Advocacy, Human Rights, Child Rights, Nutrition, Health, WASH, Livelihood, Conservation, and various other cross-cutting issues.

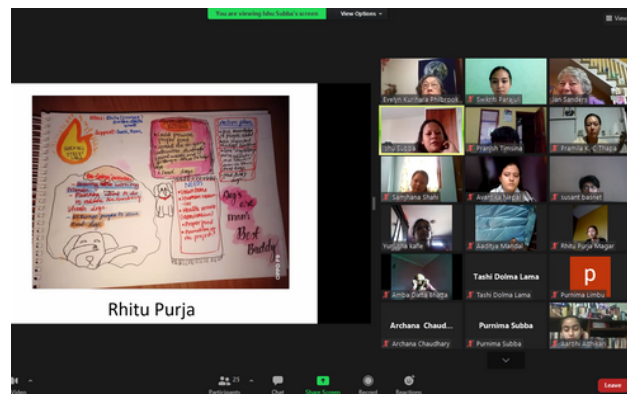
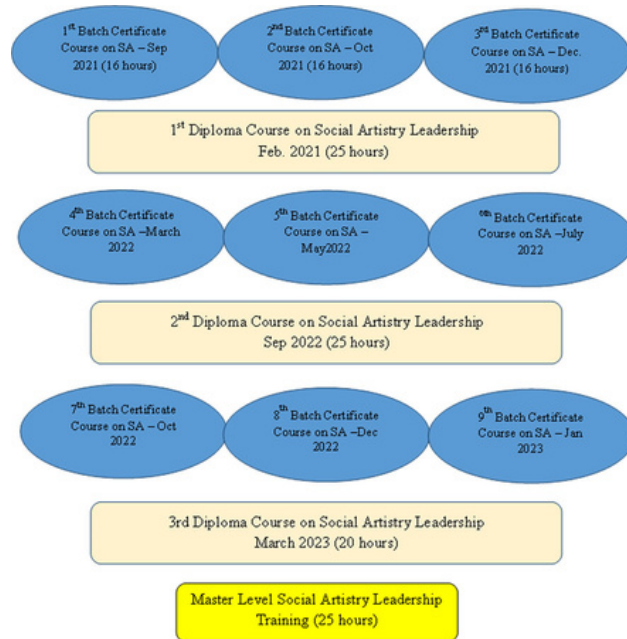
Members get information about grant-maker, donors, grants, resources, and much more access to relevant information at a click. This initiation is a strategy to develop the skills of NGOs in fundraising. Members also get training on writing proposals and reports and contacting relevant donors for support. They also receive consultancy services for developing local and global projects and fundraising.



CREATING SPARKS: SOCIAL ARTISTRY LEADERSHIP PROGRAM

In memorial of Late Richard Sims, ICA Nepal launched Certificate Course on Social Artistry in August 2021. The first batch was conducted in August and September. The sessions are facilitated by Janet Sanders, Evelyn Philbrook, Tatwa P. Timsina, Amba Datta Bhatta, Ishu Subba, and Pramila KC. The sessions for the second batch were held in early October. It is designed as a five-day session. The training was aimed at youths between the ages group 18-30. During the first three days, participants work together to understand the tools and methods of Social Artistry and develop Spark Projects. They have 15 days to implement their Spark Project with the help of their mentor. On days IV and V, participants share their learning and achievement. The training is participated by proposals and reports and contacting relevant donors for support. They also receive consultancy services for developing local and global projects and fundraising. The attendees were youths from diverse geography and background.

The youths have developed their Spark Project action plans and currently implementing the spark projects. The participants are divided into four teams and each team is assigned with a mentor. Participants also received a grant of Rs 5000 each. ICA Nepal believes that everyone has a spark within themselves but they need someone's enlightenment and support to make it happen. The attendees were able to carry out projects under different sectors such as MHM, COVID-19, Education, Sports, Environment, Handicrafts, etc. All participants were very proud to get to attend the session, they were spiritually and emotionally connected. This project also worked as a refreshment among the attendees during the pandemic, getting them engaged in the things they loved and had always wished for. At last, they all shed tears of joy visualizing their achievement. After the very successful session, through our small support, they also made their 5 year plan and promised to keep up these works and aim their Spark.



LET'S TALK PERIODS: MENSTRUAL HYGIENE MANAGEMENT PROGRAM



Menstrual Hygiene Management is a cross-cutting theme of ICA Nepal. We are actively promoting proper menstrual hygiene management among adolescent girls and women of reproductive age. We also massively raise awareness about the biological process of menstruation among men and women and boys and girls so that it helps to eradicate existing menstrual stigmas gradually. Menstrual health has been recently declared an official word in dictionaries. This action stresses that menstrual awareness programs are instrumental in ensuring the menstrual health of people who go through menstruation. ICA Nepal is collaborating with Lantern Project to raise funds for delivering knowledge and resources on better menstrual health practices in rural areas of Nepal. Please follow the [link](#) to learn more about the Menstrual Hygiene Management Program of ICA Nepal, contribute, and share.

In the year 2021, ICA Nepal conducted a series of sanitary napkins distribution programs in various rural areas of the nation as Siraha, Sindhuli, Dalit communities, etc as such materials were relatively limited during the pandemic. Many women and girls in rural communities have appalling feminine hygiene because of a lack of menstruation hygiene resources and common menstrual stigmas. Along with providing menstrual hygiene management education, ICA Nepal also trained these young women to make sanitary napkins from clothes. Clothes sanitary napkins are affordable and environmentally sustainable. It is believed that due to this project, the school attendance rate of female students will improve, along with female reproductive health,

In 2021, ICA Nepal visited Chautara Sangachowkgadi Sindhupalchowk, where local women were trained in the manufacture of Sanitary Napkins. We also added a sanitary napkin production unit after recognizing their dedication to the work. The women's group is beautifully engaged with income-generating opportunity and are currently producing sanitary napkins, conducting training for other women from a neighboring village, and looking for orders from school.

EVERY FRIDAY LEARNING FRIDAY



ICA Nepal has been organizing different Classified Talks shows on relevant topics residing in the community through experts on its **Every Friday, Learning Friday** program every month. Despite moving from the physical world to the virtual world, our ICA Nepal team never compromises on learning and sharing. During this year, we organized classified talk shows on 34 different relevant topics, which are as follows:

Date	Name of Presenter	Topic
05-May-2021	Mr. Ajit Shrivastav	Conducting Environmental Assessment in the context of new EPA and EPR.
14-May-2021	Mr. Surgeon BC	Relevancy of STEM Education in Nepal.
21-May-2021	Mr. Amba Datta Bhatta	Role of Social Artistry in Community Development.
28-May-2021	Mr. Rupendra Maharjan	Introduction of Appreciative Inquiry to Community Activists.
04-Jun-2021	Mr. Krishna Raj Oliya	Sarbodaya Sewashram ko Fundraising ko anubhav.
11-Jun-2021	Mr. Sanjay Kumar Mallik	Role of SWC in Mobilizing Social NGOs.
18-Jun-2021	Mr. Shambhu Dangal	Prosperity through Green Economy: Role of NGOs in Clean Development Mechanism.
25-Jun-2021	Mr. Ghanashyam Koirala	Role of NGOs in the promotion of Culture and Development.
02-Jul-2021	Mr. Ashok Shrestha	Challenges of Fundraising: An Experience of a Successful Fundraiser.
09-Jul-2021	Mr. Hare Ram Bhattarai	Social Transformation through Innovation and Fundraising.
16-Jul-2021	Mr. Mark Pixley	Technology of Fundraising: ICA's Experience
23-Jul-2021	Ms. Janet Sanders	Social Artistry: Transformative Approach of Leadership Development & Fundraising.

Date	Name of Presenter	Topic
30-Jul-2021	Mr. Gangadhar Chaudhary	Disaster Management: Causes, Consequences, and Funding Opportunities.
06-Aug-2021	Mr. Gaurav Kandel	Leading for Change - Opportunities for Youth & Youth Organizations.
13-Aug-2021	Mr. Damber Khanal	Saving Resources for Post Harvest Management.
20-Aug-2021	Arpan Parajuli	Mamaghar - The Fundraising Story.
27-Aug-2021	Prof Dr. Tatwa Prasad Timsina	Changing Lives - Changing Societies, Role of MicroGrants Support.
03-Sep-2021	Dr. Yogesh Kumar Upadhyay	Strengthening NGOs through Financial Viability.
10-Sep-2021	Birendra Raj Pokharel	Disability Inclusive Project Planning & Grant Support from Abilis Foundation.
17-Sep-2021	Lajali Bajracharya	Key Role of Small & Medium Enterprises (SMEs) in Economy.
24-Sep-2021	Raj Bahadur Giri	Assets Based Community Development_Some Fundraising Challenges.
01-Oct-2021	Sharada Prasad Dhital	Linking Ideas to Action: Fundraising Experiences.
08-Oct-2021	ICA Nepal	Dashain Subhakamana.
22-Oct-2021	Kalpa Academy/KCC	SDGs Ambassador through Youth Facilitative Leadership Program.
29-Oct-2021	Sabita Koirala	Micro-Enterprise Development Model for Creation of Women Entrepreneurs.
12-Nov-2021	Gaurie Malakar	Menstruation and Travel.
19-Nov-2021	Himmat Singh Lekali	Shrot Pahichan, Sankalan ra Bewasthapan.
26-Nov-2021	Akim Shrestha	Teaching Factory: Enhance Competency in Skill Development.
03-Dec-2021	Yunusha Kafle, Sharada P. Dhital & Amba Datta Bhatta	Role of NGOs in Empowering People with Disability.

Date	Name of Presenter	Topic
10-Dec-2021	Dr. Bidur Dhungel	Importance of Research in NGOs Sector.
17-Dec-2021	Dr. Keshav Shrestha	Fundraising Opportunities for NGOs/INGOs in Nepal.
24-Dec-2021	Rameswar Khadka	Fundraising Opportunities for NGOs in Tourism Development in Nepal.
31-Dec-2021	Prof Dr. Tatwa P. Timsina	Leadership, Management, and Governance

MICRO GRANT INITIATIVE- 2021

Every year ICA Nepal has been facilitating different initiatives aiming at holistic community development through its Micro-Grant Support Program. In early September, ICA Nepal launched its Micro-Grant initiative on 3 different topics as Menstrual Hygiene Management, STEM Education, and Social Artistry where 30 different organizations got funding opportunities and kinds ranging from Rs.15,000 to Rs.300,000 along with Rs.5,000 training costs each.



ICA Nepal provided financial support to Manmohan Memorial Hospital worth more than Rs.300,000 along with oxygen concentrators, PPE sets, Masks, and Sanitizers to ease the pandemic. Through the support of ICA Nepal, Ghumtee Dalit Samaj conducted leadership training to build the capabilities of Dalit Communities through Right Based Approach in Baglung. Additionally, the training on Social Artistry Leadership Training for the Transformation of Society was also successfully organized.



MHM is one of the core programs of ICA Nepal, and under this initiative, we supported Rs.20,000 each to conduct various training and awareness session related to MHM in different parts of the nation. Hatemalo conducted the Menstrual Hygiene Management (MHM) Program in Budanilkantha. EUROD Nepal carried out Sanitary Pad Awareness Training Program at Parbat. Through the facilitation of ICA Nepal, Nepal Tiger Trust conducted a series of training and survey among lady trekking guides on psychological effects on Menstrual Hygiene during Travel and its Eradication. Madhaba Subedi also received a grant for an awareness session on Healthy Women for a Better World at Pyuthan. We also supported Rs.25,000 for MHM Kit at Dadeldhura to promote



Menstrual Hygiene Management in Community and Schools along with awareness sessions for School Girls on Menstrual Hygiene Management.

HANDS Nepal received support for the Promotion of STEM Project at Sindhuli. Different individuals were also supported to conduct training on handmade materials such as scrunchies, toys, etc, and sell them in the local community to generate income in the local. Additionally, various other projects also attracted us and received support such as the promotion of Child Education, Sports, Women's Literacy Classes along with various self-defense classes for girls in rural areas.

PROMOTING LEADERSHIP AND MANAGEMENT FOR GOOD GOVERNANCE

Management Science for Health (MSH) with the support of USAID developed the Leadership, Management and Governance (LMG) module to equip managers with the skills to address the key challenges. Leadership, management, and governance are interdependent and inextricably linked. They reinforce each other and interact to achieve the desired result. It was introduced and implemented in Nepal in 2006 with the active participation of ICA Nepal as the main organization. Since then, ICA Nepal has been actively involved as the lead facilitating organization for MSH and trained hundreds of facilitators on LMG who are working through various organizations.

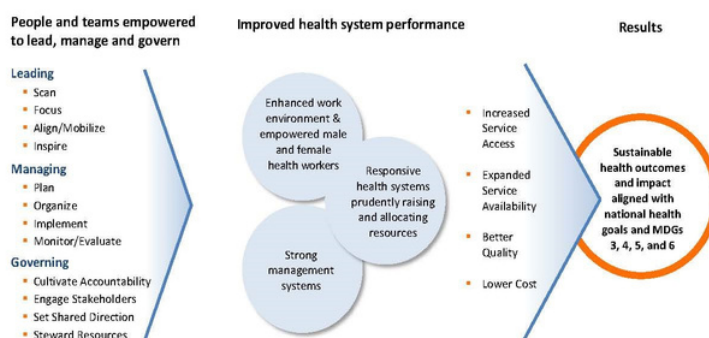


LDP uses a variety of tools and techniques, this training is typically done in 3-4 phases over 8-10 days. By the end of the session, the facilitator expects that all the participants to have a clear idea about LMG and they will be able to design and implement challenge projects in their settings.

LMG training follows the 'Managers Who Lead' manual and other documents. The guiding principle of this approach is linking both leadership and management aspects and using them to achieve results by using the challenge model. Through improved leadership, management, and teamwork, managers in public, private, and nongovernmental organizations can face these challenges with more confidence and lead their teams to effect significant changes in health.



Conceptual Model: Leading, Managing and Governing for Results



ICA Nepal's facilitators have helped a number of organizations such as the National Health Training Centre, MSH, FHI, John Hopkins, ADRA Nepal, Handicap International, Rotary Clubs, etc. to develop their human resources and implement challenging projects in their respective areas. In 2021, the ICA team organized a series of training on LMG for Handicap International and Rotary Clubs to encourage the design and implementation of challenge projects.

I-CAN : PROMOTING SOCIAL INNOVATION AND TECHNOLOGY THROUGH STEAM EDUCATION

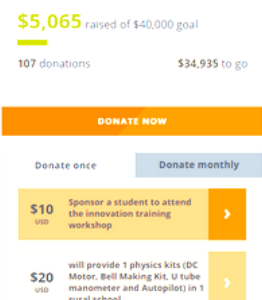
In early August, we conducted an awareness-raising training program on STEM education for the teachers of the Sukute area, Sindhupalchok. The training session was held in Shree Sukute Higher Secondary School with 25 teachers from different schools present. The training was facilitated by Prof Dr. Tatwa Pd. Timsina, Binod Nepal, and Ashish Subedi along with the team of FFN. The session was held with the remarkable presentation of the facilitators with verbal and written presentations. It was found that the teachers present were quite oblivious to STEM education.



The majority of teachers found the topic new and interesting where many of them had little knowledge about STEM education. Further, they had lots of queries about the presentation and were discussing among the facilitators where they came up better understanding. We were really glad that we got the opportunity to interact and with the local teachers and interact with them. We also found that they practiced traditional teaching methods that could be monotonous and overbearing towards the students. Looking back at the program, the session was very productive and a wonderful experience for both the trainers and trainees. Additionally, we plan to do a follow-up program as this session was a very successful one and the attendees were satisfied with it. This experience has surely brought a positive change in the education sector of the Sukute Area.

The majority of Nepalese students are unable to excel in innovation and creativity due to inadequate STEM (Science, Technology, Engineering, & Mathematics) equipment and education. ICA Nepal is utilizing a crowd-funding platform-global giving to promote STEM education in Nepal.

Promoting Innovation in 50 schools of Rural Nepal by Institute of Cultural Affairs (ICA) Nepal



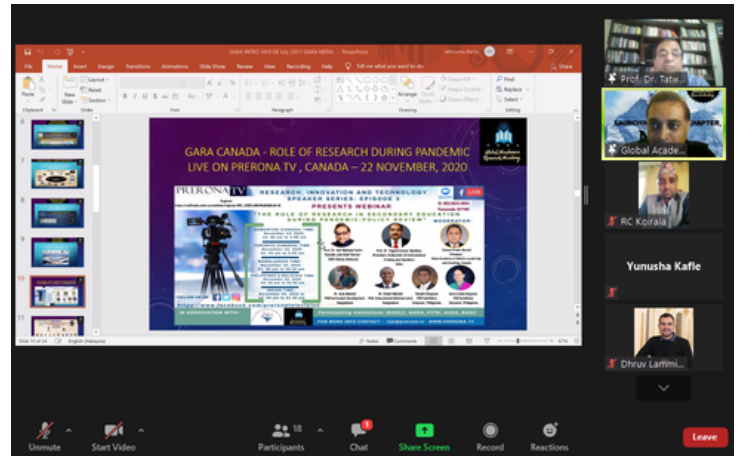
STEM is crucial for the development and safety of the country. Due to the lack of knowledge in STEM, a country has to suffer a lot. For example, if we had enough resources and expertise during this pandemic, we could have developed a vaccine. We could not do so this time, but years later we hope we can. Every penny will go towards the improvement of STEM education in Nepal and is highly invaluable for the future of the country. We urge our colleagues to support us by contributing to the global giving platform and circulating the message as much as possible by following the link below:

<https://www.globalgiving.org/projects/promoting-innovation-in-50-schools-of-rural-nepal/?fbclid=IwAR0jXBB7oaUweSOCDVjOFN7- XroeEr3FVmTSoMNLWKH2ul7o0b6jI7QOS4>

BEYOND BORDER LEADERSHIP

LAUNCHING GARA IN NEPAL

ICA Nepal joined hands with GARA International to successfully launch GARA Nepal Chapter in early July intending to train global researchers through this academy and have global influence in the academic field. Prof. Dr. Tatwa Timsina is the national president of GARA. GARA Nepal aims to train global researchers through this academy and have global influence in the academic field. GARA Global Academics Research Academy hosted a conference on -Managing Technology, Business, and Innovation for two days. Prof. Dr. Tatwa Pd. Timsina gave a keynote speech for GARA, where he highlighted the importance of innovation for Nepal. Forty researchers presented their papers, and twenty-six keynote speakers shared their insights at the GARA conference.



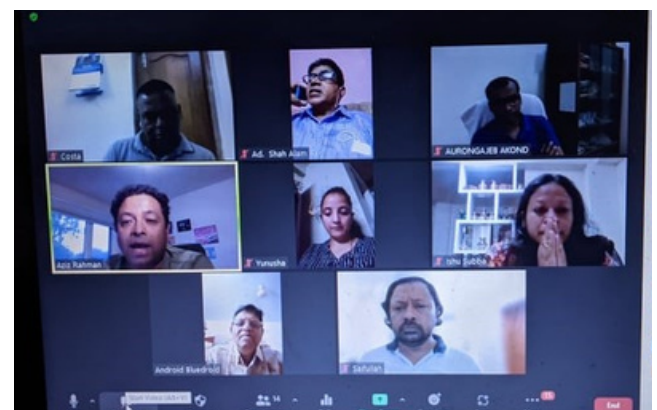
QUALITY CHAMPIONS

International Trade center in collaboration with the Government of Nepal, funded by the European Union had launched a Quality champion Program to help SMEs comply with the export quality requirement. As part of this program, a pool of Quality Champions (QCs) will be trained and qualified to serve Nepali businesses as part-time trainers, coaches and advisers through relevant national institutions, and participants will be given an international qualification and commit to serving on a long-term basis as QCs. Ms. Enusha Khadka, CEO of IIQA had also been involved in this program and is attending various training sessions organized under this program to serve SMEs to meet the international export quality requirement and improve their linkage to the global market.



FUNDRAISING BEYOND THE BORDERS

ICA Nepal also successfully carried out a meeting with our fellow member ICA Bangladesh. ICA Bangladesh has remained passive for almost 10-12 years now. Throughout the session, we collectively seek and discussed new ideas and techniques, and how they can revive their organization. The meeting remained very successful, and the members were very optimistic about the conclusion.



ICA Nepal has been conducting a series of back-to-back meetings with organizations from Africa, Bangladesh, India, and Sri Lanka where we have been helping them to get to know more relevant grant opportunities. Additionally, we initiated and introduced different training sessions with our professionals.

IIQA- SISTER ORGANIZATION OF ICA AT COP 26 CLIMATE CHANGE CONFERENCE

Ms. Enusha Khadka, CEO of IIQA, sister organization of ICA which is committed to implementing various ISO standards in Organizations of Nepal attended the 26th United Nations Climate Change Conference of the Parties (COP26) in Glasgow that started from 31 October 2021. Nearly 200 countries came together in hope of finding collective answers to global challenges posed by climate change. ISO has several standards that are essential in supporting the climate agenda, helping in the adaptation of climate change, quantifying GHG emissions, and promoting the dissemination of good practices in environmental management. Ms. Khadka attended the event and shared how ISO had committed to combat climate change through standards to achieve the climate agenda by 2050 and about the London Declaration.



SDGS AMBASSADOR THROUGH YOUTH FACILITATIVE LEADERSHIP

ICA Nepal in coordination with Kalpa Academy launched Sustainable Development Goals (SDGs), Ambassador, through Youth Facilitative Leadership Programme intending to engage youths in activities through imparting knowledge about Sustainable Development Goals (SDG) and build skills on project design and implementation. We will be working with young people directly through training and mentorship. The launching event was held on 21 October 2021 in the presence of hundreds of youths along with University Professors and development workers. The chief guest of the event, Prof. Robertson Work highlighted the contribution that these innovative programs would make to the development of youth and in the achievement of UN initiatives. The first batch of the training will start at end of November to facilitate the youth on SDGs. Currently, we have been interviewing different local youths and working on the very training.



BUILDING A MODEL VILLAGE FOR DWARFS:SUPPORTING LITTLE PEOPLE (DWARF)



ICA Nepal is supporting Dwarfs (Little People) to build customized houses in Nepal. Due to the privilege we normal people have, we tend to ignore the fact that the life of people with Dwarfism is both physically and mentally exhausting. Because of their short stature, they face challenges in traveling, using public toilets, or even using their kitchen. Due to technological limitations, they often struggle to adapt to their daily routine and face mockery and discrimination almost all day long.

We further aim to establish a Learning Centre that will accommodate and provide training to Dwarf that will ultimately help them for income generation for better living. This center will typically be designed to meet the physical requirements of Dwarf people and will be friendly to us such as bathroom stall locks, kitchen slabs, stairs, etc. This Centre will be operated by a team of Dwarf people to train and accommodate hundreds of Nepalese dwarves. Despite the societal and dwarfs need, we are still collecting funds to meet our goal, and further, we believe to get it accomplished. We are adapting to various local and crowdfunding sites. Your small help can help the dwarf people get access to unlimited equipment and basic human needs which now they can only wish for. To donate, please follow the link:

<https://www.gofundme.com/f/help-sundari-to-build-dwarf-learning-centre>

TREE PLANTATION AT DAKSHINKALI



The Dakshinkali municipality is located in the south of Kathmandu district enrich with historical, religious, and cultural values, filled with various fundamental cultures, and natural heritage. This municipality has great potential to play its role in religious, tourism, and economic value. Therefore, ICA Nepal implemented this tree planting plan to promote sustainability by facilitating all necessary crops, thereby improving the environment. Since the habitats of many wild animal species rely on trees, ICA Nepal jointly seeks to provide food, protection, and homes for many birds and mammals.

All the local people were very grateful and happy with our initiative, and we also look forward to visiting there again in a healthy way.

BUILDING CAPACITY THROUGH PROPOSAL WRITING TRAINING AND FUNDRAISING

ICA Nepal is concerned with the Human Factor in Development, strengthening human capabilities in the public, NGO, and private sectors, focused on creating a change for a better future. Nowadays in Nepal, many development projects are being carried out, both in the rural and in the urban areas, both by governmental and non-governmental organizations. Nepal's communities need sustainable and effective development activities. For the financing of these development projects, organizations are usually dependent on foreign donor agencies. The quality of development projects is of prime importance for Nepal's future and at the same time competition for funds is growing. Therefore, the art of project proposal writing & fundraising becomes a more and more important skill for development organizations. As a result, ICA Nepal has been conducting Master the Skill of Project Proposal Writing And Fundraising in Three Days.

On the first day, the attendees will gain insight into Development Aid Introduction, Conceptual Idea, Proposal Format, Needs Analysis, and Presenting your Proposal.

During day two, the participants get a deeper understanding of Project Goal, Objectives and Activities, Proposal Assessment, Monitoring & Evaluation, Project Budget, and Logical Framework.

On the last day of the session, the participants deepened their knowledge on Fundraising Principles, Tools and Techniques, Donor Relations, Developing Fundraising Strategies, Skills of a Fundraiser, Presenting your Organisation, and Building Relationships with Donors.

The fee for the three-day course, including training materials and certificate is NRs. 5000. The course is free for our premium and exclusive members. There are some discount offers for potential participants. According to ICA tradition, the training methods are varied and participatory.

During all three days, there will be some room for working on your project proposal. Participants can also bring a project proposal draft, which can be improved during this time. The detailed course is organized in online mode with our expertise with more than decades of experience. The local individuals, NGOs, and INGOs have highly appreciated the training session and more and more people each month are paving their way towards development.




Fundraising For NGOs
www.fundraisingforngos.com

Training on Project Proposal Writing and Fundraising

Learn key skills of project proposal writing and fundraising. The training is exclusively designed for NGOs, CBOs, Social Enterprises and interested individuals who are seeking funds for a good social cause.

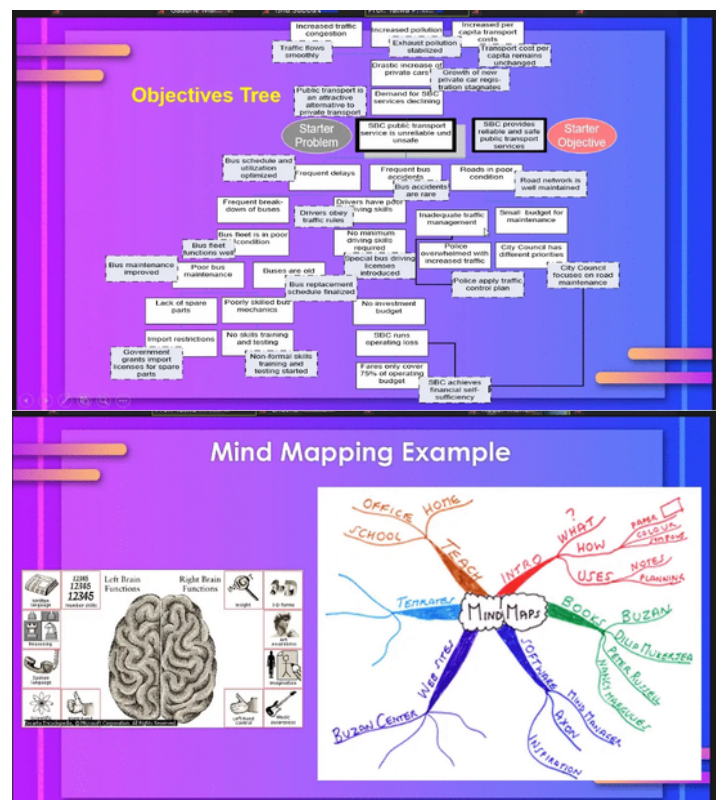
Date | Time:
9 - 11 Jan. 2022, 2 - 6 PM
(Virtual Training)

Free of Cost for the members of Fundraising for NGOs in Nepal



The training is facilitated by Professional Project Developers and Fundraisers.

For more details
Tel. No: 015147215 | 9869664775 | 9841883077 Email: fundraisingforngos@gmail.com



TECHNOLOGY OF PARTICIPATION: STRATEGIC PARTICIPATORY PLANNING

Bhimad is a municipality of amazingly surrealistic landscapes and ethnic groups living in harmony, separated from other mountainous communities. ICA Nepal implemented a two-day community-level plan in the Bimad Municipality in March. Ward chair, provincial lawmaker, and local people provided full support to the program. Local-level planning is a bottom-up approach to development planning, with residents involved in the development planning process. ICA Nepal used ICA tools such as the Technology of Participation (ToP) for conducting the ward-level planning at Bhimad. At the workshop, participants contemplated that they needed investment in tourism, a community hall, a farmer's cooperative, and small-scale industries that use local raw materials. We further visited the local arena such as Miya Basti (Muslim Community) where the Muslims have been residing for over a century. We studied the situation, the people were deprived of education, transportation, consume locally produced vegetables, and did work in the locality for a living. Youths usually visit other places for studies and tend to never return, they proposed if we could help them with this.

In the end, community people and leaders expressed their gratitude to the team for drafting a vision for the development of their village for the next five years. Ward chair stated that this was the effective mechanism he found for incorporating villagers in the development plan. The provincial lawmaker also acknowledged the tool of ICA to be valuable in aligning communities with sustainable development.



EXPLORING HISTORICAL SITES WITH NEED ASSESSMENT

The Shah Dynasty emerged as a powerful ruler in Lamjung four hundred years ago. Lamjung is historically significant for laying the foundation on which their descendants ruled the whole kingdom for more than two hundred years until thirteen years ago. Besides the four centuries-old ancient architectures, lush vegetation sprawling all over the area encapsulated our attention.



Situated at a high altitude and having fertile soil, the ICA team explored further possibilities for promoting agritourism in the area. Moving further ahead in a remote village of Manang, at an elevation of 11,000 feet, the team could not take their eyes off the breathtaking views of water springs, lakes, glaciers, and unique architectures. The visit was full of surprises and worthy because of unforgettable moments spared in the lap of glorifying nature and with welcoming communities.



FIELD-VISIT

The Shah Dynasty emerged as a powerful ruler in Lamjung four hundred years ago. Lamjung is historically significant for laying the foundation on which their descendants ruled the whole kingdom for more than two hundred years until thirteen years ago. Besides the four centuries-old ancient architectures, lush vegetation sprawling all over the area encapsulated our attention. Situated at a high altitude and having fertile soil, the ICA team explored further possibilities for promoting agritourism in the area. Moving further ahead in a remote village of Manang, at an elevation of 11,000 feet, the team could not take their eyes off the breathtaking views of water springs, lakes, glaciers, and unique architectures. The visit was full of surprises and worthy because of unforgettable moments spared in the lap of glorifying nature and with welcoming communities.



In early March, ICA Nepal visited the Himalayan Agro Tourism Company. The team includes highly dedicated and professional individuals from the field of tourism and agriculture. The major purpose of the collaboration was to establish an Integrated Organic Model Agriculture Farm in Lamjung District is located in Gandaki Province of Nepal. The project is focused to provide income-generating opportunities for the farming communities of the region. The organic farm of Lamjung demonstrates locally produced organic fruits and vegetables, rare bee-products, original Nepali famous local chickens and their products, etc. This center provides grafts and seedlings of high-value fruits that are in high demand in the country.

We also paid a glorious visit to Sarbodaya Old Age Home, Lamjung. They were further planning to construct Dham (Holy Place) near the old age home so that it can also benefit the elderly and serve as refreshment.

CLOSING OF THE PROJECT

A one-year project, funded by the Ministry of Foreign Affairs Japan, supported by ICA Japan, and implemented by ICA Nepal and RYPCF was completed in March. All the activities were completed as planned for the project.

OPENING CEREMONY OF IRRIGATION TANK



In early April, ICA Nepal conducted a grand Handover ceremony at the irrigation site to celebrate the completion of the construction of the irrigation tank. The local farmers were more than happy to be in charge of the irrigation tank. At the opening ceremony community, people were grateful that they can now diversify their crops and raise their earnings. Along with the celebration during the handover ceremony, a committee was also formed to take the responsibility for the irrigation tank. It was interesting to note in the handover ceremony that

many farmers have already started to plant cash crops on their farms. We believe that with the operation of a new tank crop yield of farmers of Thulosirubari will improve significantly.

OPERATION OF DAIRY PLANT



A fully-equipped dairy plant has been set up at Sindhupalchowk district in Nepal. Farmer's group received the responsibility to operate the dairy plant. Local people were thrilled as now they can earn through value-added dairy products. Their happiness knew no bounds. They are confident that their livelihood can be improved significantly.

OPERATION OF SANITARY NAPKIN PRODUCTION UNIT AND HOG PLUM MACHINE



ICA Nepal is promoting menstrual hygiene awareness in the Sindhupalchowk, where feminine hygiene is in appalling condition. Ten women are actively participating in the manufacturing and promotion of disposable sanitary napkin production. They have appreciated the project team for creating a climate to empower women through

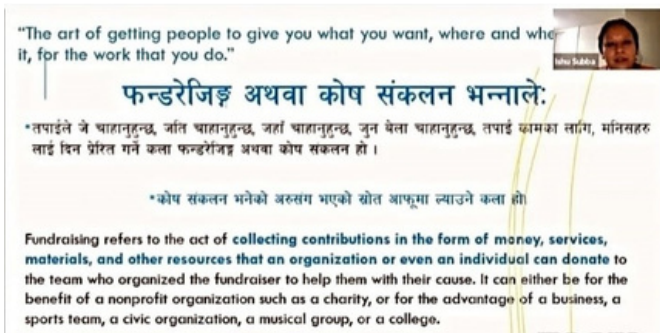
better health, confidence, and income generation opportunities.

A machine for producing lapsi (hog plum) candy was installed at the nearby center. The interesting-looking small-sized equipment could produce famous local candy.

PROGRAM AT PRASANSAN SANRAKSHAN SAMUHA

The U3A (University of Third Age) holds a program every week featuring highly remarkable and experienced personalities to spread knowledge and awareness. The program was hosted with ICA Nepal and its sister organization Insurance of Quality Management (IIQA) with the topic Role of Fundraising and Quality Assurance in non-profit organizations to promote sustainability.

Ms. Ishu Subba presented her views on the importance and the necessary steps required for fundraising, while Ms. Enusha Khadka presented some points on Quality Movement and ISO. They also solved all the queries and problems of the attendees present at the moment and the participants were very delighted to get to know more about these topics in a detailed process. They also shared that they are willing to certify their institutions and get membership in Fundraising for NGOs in Nepal. Follow the link for more details.



FOOD DISTRIBUTION

ICA Nepal along with the Rotaract Club of Rudramati conducted a Food Distribution Programme to Triveni. The support was accepted by the Chairperson of Madheshi Mahila Samaj Ms. Reena Shah.



TRAINING ON RAPID PARTICIPATORY FUNDRAISING

ICA Nepal conducted a two-day training course on Rapid Participatory Fundraising. The informative session was facilitated by Mark Pixley, Founder of Leadership Inc., and Ms. Michelle Zhang where they enlightened participants in new and improved ways of fundraising practices adopted worldwide.

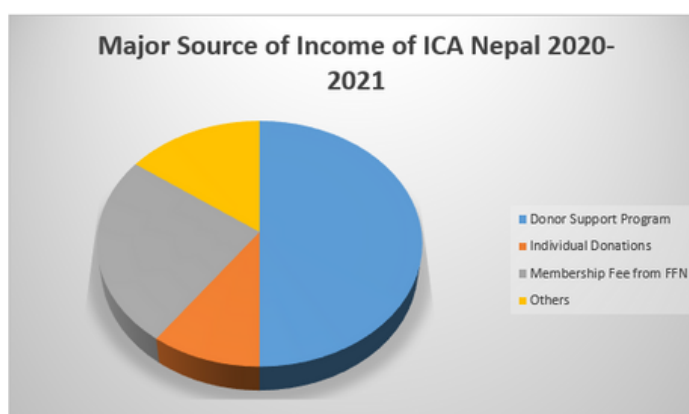


COLPOSCOPY MACHINE

ICA Nepal has implemented various aid programs for Manmohan Memorial Hospital. In November, with our financial support, they received Colposcopy Machine. They further informed us that the machine installation was successful and thanked us for our help.



FINANCIAL ASPECT OF ICA NEPAL



YEAR 2021 IN PHOTOS





ICA Nepal has full-fledged community centers in Changunarayan Municipality, Bhaktapur, and Chautara Sangachowkgadi Municipality, Sindhupalchowk. We also have training facilities/venues in the Kathmandu office.

Publications



ICA Nepal's training and facilitation manuals are designed to help facilitators, individuals, private organizations, NGOs, GOs, and local organizations for effective implementation of their activities. Contact for more details.

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